

A group of two adults and five children are dancing on a sandy beach. The children are wearing blue life vests with reflective silver stripes. The adults are wearing blue and dark blue clothing. In the background, there is a blue tent, other people, and the ocean with a distant shoreline.

Our Vision

The proprietors and the nursery team aim to provide high quality daycare for your child. We offer a secure, caring, yet stimulating environment in which your child can enjoy a wide range of experiences.

Through an understanding of the needs of each unique child we endeavour to establish positive relationships and create an individually tailored learning environment to enable developmental progress.

By provision of an 'active learning' environment we hope to facilitate each child to explore their personal capabilities and to develop their early understanding and skills in ways that will provide a firm foundation for their progression to primary school.

“ Giving your child a flying start to Life-long learning.”

Flying Start Nurseries

Sharon Cowburn B.Ed. established the first Flying Start Nursery in Camborne in 1993. As a qualified early years teacher she was motivated to give children 'a flying start'. At that time, Sharon and partner Steve had a lively 5 year old, twins of 9 months and another baby on the way so lots of motivation to meet the demands of busy families with inquisitive children! Since that time Flying Start has evolved and expanded to its present 3 centres in Cornwall and one in Plymouth. Sophia, one of the Cowburn twins, is now a successful graduate nursery manager with Early Years Professional status and so the 'Flying Start' family goes from strength to strength.

A well established in-house training programme offers the team of 100 Flying Start staff ample scope for personal development and ensures high standards, embracing the latest educational thinking. Flying Start's training school, TLC Ltd. provides paper-free certificated qualifications to trainees and we are so proud that over half of our team are now 'home-grown'.





Flying Start Values

AT FLYING START EVERYONE WILL COMMIT TO:

1. Putting the needs of the child first by creating a positive atmosphere in which everyone is afforded equality of opportunity and access, wherever possible.
2. Providing a safe, secure learning environment, where children's self esteem and independent life skills are nurtured by well-qualified, experienced, caring adults, through a multi-sensory, active programme.
3. Working in partnership with families and associated professionals to ensure that together we give each child a "flying start" on their journey to life-long learning.
4. Fostering a love of learning at every level, from infants to school-age, from school leavers to mature employees, we will tailor a learning programme to help everyone realise their full potential.
5. Valuing our place in the local community and working to reflect it's values, celebrations and challenges, through visits, charity fund-raising and integration with people of all ages and walks of life.
6. Striving to make childcare affordable and accessible to all, through sensitive pricing and the promotion and explanation of all funding schemes available to families.

Care of Infants

Flying Start Nurseries offer a secure environment for small babies, with key workers giving continuity of care.

Parents are able to advise on routines and receive daily feedback from their Babycare Keyworkers.

We are able to prepare freshly pureed or chopped baby meals for your weaning infant and can facilitate nursing mothers. We routinely observe the highest standards of hygiene at all times.

Whilst babies are based in one room/area of the nursery with their carers and children of a similar age for most of the time, they do explore other areas of the building, garden and surrounding locality. Babies may join the toddlers for daily singing and rhyming and enjoy their own Jiggly Tots Club once each week with song sheets to take home to help the grown ups!

At Flying Start we are proud of the multi-sensory environment that we provide to our youngest children. They play indoors and outdoors with lots of messy materials such as paint, slimey goop, cold pasta, sparkly fragranced water, noisy rice and much more.

N.B. Permission is sought before introducing any new materials



Care



Learning



Fun!





Keeping Healthy

AT FLYING START WE AIM TO HELP YOU TO KEEP YOUR CHILD HEALTHY.

Food

We have a 4 week cycle of menus using lots of fresh fruit and vegetables. All Centres have an in-house cook. We add no salt and very little sugar to our meals. Regular 'Cooking Club' promotes healthy eating.

We endeavour to meet all special dietary needs in consultation with parents and carers. Daily vegetarian options are offered and organic milk provided.

Meals & Snacks

Mid-morning and afternoon snacks are served to the children. Lunch is served at noon - children serve themselves with help and are encouraged to try all foods. Children wash their hands first and help lay tables.

Music is played and sociable conversation is promoted. Fresh drinking water is available at all times and teeth are cleaned after lunch.

Exercise

All children have daily access to the outdoors, either on walks, in the nursery garden or on outings to the beach, countryside or forest.

We promote lively, energetic play via suitable equipment and enthusiastic staff who support games and projects. Weekly Gym Club helps children to develop specific skills, such as balancing, jumping and movement to music.



In-house Cooks



Self-Service



Daily Outings



Early Learning

Flying Start is committed to offering young children opportunities to explore and discover the world around them. In this way, children develop skills, knowledge and their imagination. We aim to provide a stimulating multi-sensory environment where children can discover through touch, taste, smell, sight and sound.

The nursery day is varied with lots of time for children to make choices in their play. By the time they are 2 - 3 years old they will begin to 'PLAN-DO-REVIEW' for part of each session.

Plan

Each child plans an activity by using novel props. (Telephones, binoculars, a choosing board etc.) They are used to name their activity and talk about what they might do and might need to get started. Less confident children may begin by pointing or going to a work area.

Do

'Work time' is when children get busy, having free access to materials to help them experiment and solve problems. Staff support children but do not direct them. At the end of 'worktime' children are encouraged to tidy up and put things back where they found them.

Review

'Review time' is a time for reflection and sharing. Everyone gathers to share collections, models they've made, paintings they've done and to talk about the fun they've had. Young children or those with less confidence are helped to recall their activities by the staff.

A Flying Start to the EYFS

ALL 7 AREAS OF LEARNING ARE DEVELOPED IN LINE WITH THE EARLY YEARS FOUNDATION STAGE (DEPT FOR EDUCATION).

Prime Areas - promoted to all children

- Communication & Language
- Physical Development
- Personal, social and emotional development

Specific Areas - developed with older children

- Literacy
- Mathematics
- Understanding the World
- Expressive arts and design



Small Group Time



Circle Time



Outdoors

Small Group Time

is encouraged regularly by our Early Years Practitioners, grouping children together for short planned learning experiences. Starting with the children's interests and what they can do, adults create exciting opportunities to progress learning skills and concepts in a playful approach.

Circle Time

is a fun time for children of all ages. Singing, rhyming, dancing, games and story-telling will all help children to become more confident to participate in a group.

Outdoors:

We believe our outdoor learning environments are simply an extension of our indoors! We provide stimulating, exciting opportunities for ALL ages to learn and develop their exploratory, imaginative and critical thinking skills in our "outdoor classrooms" and through planned teaching trips to our local forests, beaches and hedgerows. A wide range of activities are provided for all ages, with equipment carefully planned and risk-assessed to ensure safe participation. We include nature, wildlife, the weather and growing plants as part of our daily learning fun!



Life Long Learning



Meeting Individual Needs

ALL CHILDREN AT FLYING START BENEFIT FROM:

- A key person, who observes them regularly and plans activities to reflect their interests and abilities.
- Grouping with children of similar age/stage of development.
- Daily liaison between home and nursery.
- Regular newsletters, Activity sheets and regular Parents' Evenings to share children's work and progress.
- Regular observation, assessment and monitoring against developmental milestones.
- A designated Special Educational Needs and Disabilities Co-ordinator who can help a family if a child needs special attention in a certain area of development.
- Each nursery having a well-developed Accessibility Plan and Local Offer. This sets out how we continually plan to improve the accessibility of our services.
- Provision which strives to celebrate all cultures, races, genders, abilities and faiths in a positive way. Our equipment and activities represent diversity and staff challenge any discriminatory remark or behaviour.
- Regular staff training and development to ensure high standards of care and education are maintained. Specialist training enables competent staff to use a range of communication strategies and visual aids to support children's understanding.



Lots of ways to communicate

Understanding the World

FLYING START ARE COMMITTED TO UNDERSTANDING AND CONSERVING THE ENVIRONMENT AND ENCOURAGING THE CHILDREN TO TAKE SOME RESPONSIBILITY IN THIS.

Conservation

We Reduce

- Water consumption using “hippos” and “hogs” in cisterns to save water. We calculate that this saves a small swimming pool full per year across all our nurseries!
- Electricity usage by using low energy lightbulbs.
- The amount of paper consumed by printing on both sides where possible.

We Re-use

- Carrier bags as nappy sacks.
- Newspapers on painting tables.

We Re-cycle

- Paper and plastic at the recycling centre.
- Water by using water-butts and one of our nurseries uses grey water for flushes.
- Cardboard, cartons etc for junk modelling.

Green teams in every nursery involve staff and parents in generating new ideas and initiatives. This has resulted in changing to an ecologically friendly electricity supplier. The Green notice-boards inform on all new ideas.

Together, we are now working towards the Eco-Schools Green Flag award and all nurseries have gained initial award levels for their efforts.

Beach School, Forest School and more....

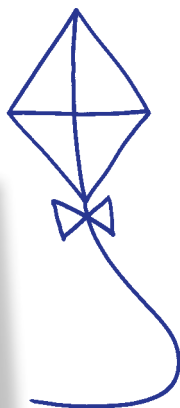
We aim to extend the children's learning into the locality with regular trips to either the countryside, the beach or the forest. The learning is relevant and meaningful - be it beach safety flags, poisonous plants or butterflies and caterpillars! Above all, it's great fun!



Beach School



Reduce, Re-use, Re-cycle



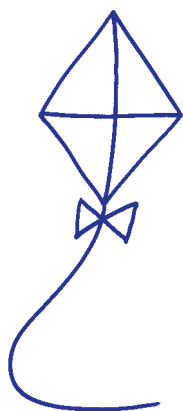
Fun Clubs For School Children

Flying Start offers high quality care to school children from 4-11 years inclusive. Our qualified and experienced staff offer a broad range of leisure activities after a hard day at school.

Wherever possible, we will arrange collection from school to Flying Start, where a snack is served on arrival. Help with homework/reading is available at the request of the family.

Holiday Fun Club offers themed weeks of activities and trips and is available for full or half days. Snacks are provided and lunch can be ordered.

Fun Club children usually remain separate from our nursery children but generally join them at the end of the session to assist parents with collection of brothers and sisters.



Fun with friends



Out in the woods after school...



Time to get creative



Award winning staff



Commitment to training

Training & Development

Flying Start Nurseries are regularly inspected by Ofsted (Office for Standards in Education) and all nurseries are graded GOOD or OUTSTANDING. We are subject to the same scrutiny as schools and teach the same curriculum but offer a ratio of 1 teacher to every 8 children of 3 years and above, (more for younger children). Our most recent Ofsted reports plus information and news can be viewed on our website www.flyingstart.uk.com

At Flying Start we regard our amazing staff as our greatest resource and we are passionate about continuing professional development for everyone. We have an internal Quality Monitoring System, conducted by our own Ofsted Inspectors, which identifies areas for development. Our team of experienced Trainers is then able to offer bespoke professional development opportunities to our practitioners. On average we deliver in excess of 5000 hours of training each year to our teams and we have won several awards for this.

In 2007 we set up our own training company in order to train nursery staff in an innovative way. **TLC (Technology in Learning for Childcare)** provides laptop computers, cameras and voice recorders to help trainees build a paper-free portfolio to

“ Flying Start excel in the diversity and quality of staff training ”

prove their competence. Our TLC students wear green shirts and work under supervision at all times until they have been verified as meeting the requirements of their nationally accredited qualification at level 2 or level 3.

We also have staff working towards graduate and post-graduate qualifications, as well as some who are developing their skills as trainers and assessors.

Your Questions Answered

How do I pay my nursery fees?

Fees are due in advance at the beginning of each month. All new customers are required to use Direct Debit as it saves time for both you and the staff and saves paper too! Please see the Fees Sheet / Terms & Conditions for full details.

Can I book extra sessions?

Yes, we will do our best to accommodate your child but you must pay in advance. Cut-price sessions are sometimes offered at short notice as a benefit to existing customers.

Do I pay if my child doesn't attend?

Yes, because we will have already provided staff and resources for your child. See Terms & Conditions for variations.

Do I get a discount for more than one child?

Yes, a sibling discount is offered - please see fees sheet.

What happens if I collect my child late?

We understand that various unexpected situations can hold you up, so you will find nursery staff accommodating of 5 minute hold-ups now and then. However, if we have to ask staff to stay on to care for your child you will be charged a 'Late Fee', as detailed in our Terms & Conditions.

How much notice do I have to give on leaving the nursery?

We expect one month's notice in writing (or fees in lieu of notice) if you wish to withdraw your child from nursery or they are going on to school.

Can I get help with my fees?

You may well be able to get some assistance through a variety of schemes:

- Flying Start is registered to offer EDUCATION GRANT for eligible 2,3 & 4 YEAR OLDS. You may be able to claim 15 or 30 hours free childcare per term-time week (or spread it over the whole year).
- There are lots of other initiatives which are simply explained on the Childcare Choices website www.childcarechoices.gov.uk

Childcare
Choices

- If you are in education/training there may be other sources of funding. Please talk to your training provider or the nursery manager.



www.flyingstart.uk.com